

## Parents as Teachers Program

### Being a parent is hard work.

In the first few years, children learn more and at a faster pace than at any other time in life. You help shape your child's future through the kinds of experiences you provide. Your baby was born to learn and, as a parent **you** are your child's first and most important teacher.

Parents as Teachers (PAT) is a parent education and family support program serving families throughout pregnancy until their child enters kindergarten, usually age five.

Parents are supported by PAT-certified Parent Educators trained to translate scientific information on early brain development into specific *when, what, how* and *why* advice for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child's language development, intellectual growth, social development, and motor skills.

### As a PAT family, you receive:

- *Personal visits* -- during which your parent educator will share age-appropriate child development and parenting information, help you learn to observe your child, and address your parenting concerns.
- *Parent group meetings* -- which are opportunities to share information about parenting issues and child development. Parents learn and support each other, observe their children with other children, and practice parenting skills.
- *Screenings* -- to assess your child's overall development as well as health, hearing, and vision.
- *Resource network* -- that links your family to other community services.

### Referral information

Parent's/Guardian's name: \_\_\_\_\_

Children's names and birth dates (five years of age or under):

\_\_\_\_\_  
\_\_\_\_\_

Prenatal referral (circle one): Yes No      ESL (circle one): Yes No

Family address: \_\_\_\_\_

\_\_\_\_\_

Contact information (phone numbers): \_\_\_\_\_

Referral source (agency name): \_\_\_\_\_

Permission to contact family: \_\_\_\_\_

(Please provide date family was contacted regarding the PAT program)

Family declines services: \_\_\_\_\_ (date contacted) \_\_\_\_\_ (Parent Educator initials)  
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