

MARCH 30TH, 2020

KALEIDOSCOPE PLAY & LEARN NEWSLETTER



HOW DO I TALK TO MY CHILD ABOUT THE CORONAVIRUS (COVID-19?)

Young children under age 6 don't need specific or detailed information about the virus, or the worldwide crisis because they are too young to process it. Keep the TV news off when younger children are around and avoid having them listen to your conversations with others because they will have difficulty knowing how to interpret the information. Here is a link great story to download to read to young children:

www.mindheart.co/descargables. Please let us know if you have any questions!

-Jessica and Maria

jreedy@alamancechildren.org and munn@alamancechildren.org



Resources:

Virtual Storytime

You can join Alamance County Public Libraries for live, online storytimes. Just tune into their Facebook page to join 20 minutes of stories, songs, and more twice a week. Mondays and Thursdays from 10:30am-10:50am

North Carolina Zoo

The North Carolina Zoo's Facebook page has been posting a variety of videos to help children learn about animals. They also have some live events so definitely be sure to check them out!

Tooth Fairy Story Time

Our local tooth fairy ("Tooth Fairy in Disguise" on Facebook) has been posting interactive story times also. You don't want to miss out on this entertainment!



Painting with Water



Painting with water can be a great creative indoor or outdoor activity to do with your children. You will need a paint brush or something to paint with, a cup of water, and paper or driveway (if you want to do this activity outside). After you have all the supplies set up and let your children be as creative as they want by painting with water! Talk to your children while they are painting and give encouragement. This will help build your child's creativity.

Build a Pillow Fort

Grab some pillows, chairs, and blankets and build a pillow fort together. Let your child take the lead and decide where things should go- even if you know that it might not work.



Once the fort is finished, use this as a "calm down" area. Talk to your child and explain that when they are feeling frustrated or mad, they can go to this area to calm down. Model some deep breathing they can do here and maybe bring in a stuffed animal that can help them relax.

Fun With Cups

If you have some plastic cups lying around, there are so many games you can play with them. Set them up and find a round object (like a ball, apple, orange, etc) and go bowling. Let your child stack them to see how tall of a tower they can build. Grab some spoons and let them bang on the cups like a drummer. While playing these games, use descriptive commenting to build your child's vocabulary.



What is Descriptive Commenting?

Descriptive commenting is describing and providing supportive comments about what your child is doing and imitating and paraphrasing their words. By doing this, you are showing you understand and are attentive and interested in their activities. For example, you can say "You are building a tall tower with the blue cups." or "Yes, the cups did fall down. You worked so hard on building that tower. Would you like to try again?"

Learning Colors

Make learning colors exciting with toys and items around the house. To set up this activity you will need paper labeled with that color (you can also use colored construction paper). Then have your children collect some toys and sort according to color. This activity not only helps children learn colors, but also works on basic math skills such as sorting.



Toy Tape Rescue

Materials:

Cookie Sheet, Tape, and
Small Toys



Using the cookie sheet as a base, tape some small toys (animals, cars, crayons) to the cookie sheet. Have your child try to rip the tape off to rescue the toys.

This activity is a great way to work on fine motor skills, problem solving skills, hand eye coordination, and it keeps your child busy for a little!